



NZ OPEN WATER CHAMPS 2018 & NZ SECONDARY SCHOOLS OPEN WATER CHAMPS

PRE EVENT NEWSLETTER

Taupo | January 13 – 14 2018 | #EpicSwim2018

WELCOME TO THE 2018 NZ OPEN WATER CHAMPS & NZ SECONDARY SCHOOLS OPEN WATER CHAMPS.

We are looking forward to another great event, the following information should provide you with everything you need to make your swim EPIC!

The New Zealand Open Water Championships and the New Zealand Secondary Schools Open Water Championships is staged in conjunction with the EPIC SWIM 2018.

Registration Information

Participants will need to register and collect their race packs (see maps). In these pack's you will find your event cap (please check the cap colour allocation) and two timing tags.

Registration will take place on the beach on the day of each race.

- **10km** 8.30am-9.30am Saturday 13 January
- **5km** 8.30am-9.30am Sunday 14 January

Secondary school swimmers in the 1km and 2.5km races can collect their race packs and tag at the Great Lake Center on Friday or on the beach on the day.

NOTE: Swimmers must not put on Vaseline until they have been numbered. Swimmers MUST also be dry. No Jewellery is permitted. Fingernail length will be checked.

Swimmers wanting to wear a second swimming cap under the championship one must ensure that it is a white cap. These will be available for purchase at the race venue.

Both Timing tags need to be placed one on each wrist. **IMPORTANT – swimmers will be required to pay \$50 per tag for any lost tags.**

Managers/Coaches Meeting

A meeting for managers, coaches and also feeders will take place at 5pm on Friday at the Great Lake Centre, 5 Story Place, Taupo. While this briefing is not compulsory, we encourage a representative from all teams to attend to ensure they have all relevant information relating to the championship event.

Withdrawals

Swimmers withdrawing from the event must inform Swimming New Zealand prior to 5pm Friday 12 January. Please contact the SNZ Events Manager at events@swimming.org.nz or 021569436. Any swimmers withdrawing from the race after numbering are required to inform the Clerk of the Course of their withdrawal.

All competitors MUST bring their wetsuits and other equipment used during the swim to registration for inspection from DOC and the Check Clean Dry (CCD) team. Please note: This includes feeding equipment, goggles and anything used on the water.

Wetsuits and equipment will be CCD checked and may need to be washed at registration. The Department of Conservation will have CCD cleaning equipment available.

Event Schedule

FRIDAY 12 JANUARY	
3.00pm – 8.00pm	Late Registration and pack collection, at the Great Lake Event Centre. Wetsuits and equipment must be taken to registration for DOC CCD checks
SATURDAY 13 JANUARY	
7:00am – 1:00pm	Race pack collection and on the day registration, located on the beach
8:00am	Race Start for Mid Epic 1km (Briefing 7.50am)
8.15am	Race Start for Epic 5km (Briefing 8.05am)
8:30am	Race Start for Minor Epic 500m (Briefing 8.20am)
9:00 am	Race start for 100m (Briefing 8.50am)
9:15am	1km, 500m & 100m Victory Ceremony
10:00am	Race start for OWC 10km – males (Briefing 9.30am)
10:03am	Race start for OWC 10km – female (Briefing 9.30am)
10:05am	Race start for Epic 10km (Briefing 9.30am)
10:15am	5km Epic Victory Ceremony
1:00pm	10km Championship Victory Ceremony
1:30pm	Race start for Epic 2.5km (Briefing 1.20pm)
2:00pm	10km Epic Victory Ceremony
3:00pm	2.5km Victory Ceremony
SUNDAY 14 JANUARY	
8:00am – 10:00am	Race pack collection and on the day registration, located on the beach
9:00am	Race start for Masters Classic 2.5km (Briefing 8.50am)
10:00am	Race start for OWC 5km - Men (Briefing 9.30am)
10:03am	Race start for OWC 5km - Women (Briefing 9.30am)
10:10am	Masters Victory Ceremony
11:30am	Championship 5km Victory Ceremony

Please note that the times for victory ceremonies are approximate and may be subject to change, depending on when all swimmers have completed the course and results being available.

Social Media

Be sure to follow Swimming New Zealand social media accounts for 'snaps', 'stories' and photos across the weekend.



@swimming_nz



@swimming_nz



@swimmingnewzealand



@swimmingnz

Use the official hashtag for the event is **#EpicSwim2018** we'd love to repost and share your images too.

Pre-event Training

The course will be set on Friday 12th January for only one hour from 3-4pm for swimmers to have pre-event training. Subject to weather conditions.

Important Things to Remember

1. CCD You **MUST** bring your wetsuit, goggles, and feeder equipment to registration for inspection from DOC
2. Your timing tags
3. You correct coloured swimming cap
4. Have plenty of sleep, stay hydrated and fed
5. Your SMILE

Cap Colour Allocation

New Zealand Open Water Champs (SNZ Caps)

Women's 10km – **PINK**

Men's 10km – **GREEN**

Women's 5km – **GREEN**

Men's 5km – **PINK**

New Zealand Secondary Schools Open Water Champs (SNZ Caps)

Girls's 10km – **PINK**

Boys's 10km – **GREEN**

Department of Conservation

CHECK CLEAN DRY (CCD) TO PROTECT THIS PLACE

To protect the awesome water quality of the Lake Taupo Region from invasive freshwater threats, DOC requires that you Check Clean Dry all your swimming equipment prior to entry into Lake Taupo.

How to CCD

CHECK: All your equipment and remove any visible matter such as weed or algae.

CLEAN: If your gear has not been dry for at least 48hrs then clean with a 5% detergent and soak for at least 1 minute. For example, a 5% solution is made by mixing 50 ml of detergent with water added to make 1 litre total. (1000mls)



DRY: Drying is an acceptable alternative method, provided that all components are completely dry to the touch, inside and out, and then left dry for at least another 48 hours.

Please use this method as you travel around NZ waterways.

For more information go to www.biosecurity.govt.nz/cleaning

Event Safety

A dedicated water safety team will be on patrol throughout the event carefully monitoring the event and ensuring the safety of ALL competitors.

St Johns will also be onsite throughout the weekend.

Swim Feeders

Feeding is only permitted for the 10km race and will be done from a boat by the start buoy. As per FINA OWS Rule 6.13, there is to be no contact between the swimmer and the feeder.

Throwing of containers is not permitted. 2018 NZ Open Water Championships Lake Taupo, Taupo 13-14 January 2018 19/12/2017 Version 1.2 Feeders are only permitted to feed using a feeding pole. As per FINA OWS rule 6.12 feeding poles are not to exceed 5m in length when extended. No objects, rope or wire may hang off the end of the feeding pole. Feeders are also required to present at registration with the swimmer. The feeder will be registered, provided with a feeder tag and the feeding pole will be checked. The feeder tag is required by the feeder to gain access to the feeding boat.

*Note: Feeders will be required to access the feeding boat from the docking ramp behind the event site. Feeders will not be ferried to the feeding boat if they miss their departure from the dock.

Weather

Our water safety team will be monitoring the weather in the lead up to the event and through the weekend. Please keep an eye on our Swimming New Zealand Facebook page for any announcements.

Sponsors & Supporters

The logo for Teamline, featuring the word "teamline" in a blue, lowercase, sans-serif font. A red horizontal line is positioned above the letter "i".

Teamline are onsite at the Epic Swim 2018 with official event merchandise, apparel and equipment. Competitors will also be able to hire wetsuits for their events from **Teamline**.

The logo for R-Line Electrolyte Drink. It features a stylized graphic of a curved line in yellow and orange, resembling a drop or a splash, above the text "R-LINE" in a large, bold, black, sans-serif font. Below "R-LINE" is the text "ELECTROLYTE DRINK" in a smaller, bold, black, sans-serif font.

R-Line Electrolyte Drink will be back at the Epic for their 5th year on the trot. They will be at the finish line with copious quantities of their delicious rehydration drink in all 8 flavours all weekend long. They will also have some samples to try or buy at registration while you are dunking your wetsuits.

For those of you planning ahead, just follow this link <https://rline.co.nz/product/epic2018> get the 25% off event deal.

all good

All Good is 100% New Zealand owned and operated, and like the organic Fairtrade farmers we deal with, we're a small business trying to make a difference. **All Good** are the official sponsors of the Epic Swim 2018 bananas.

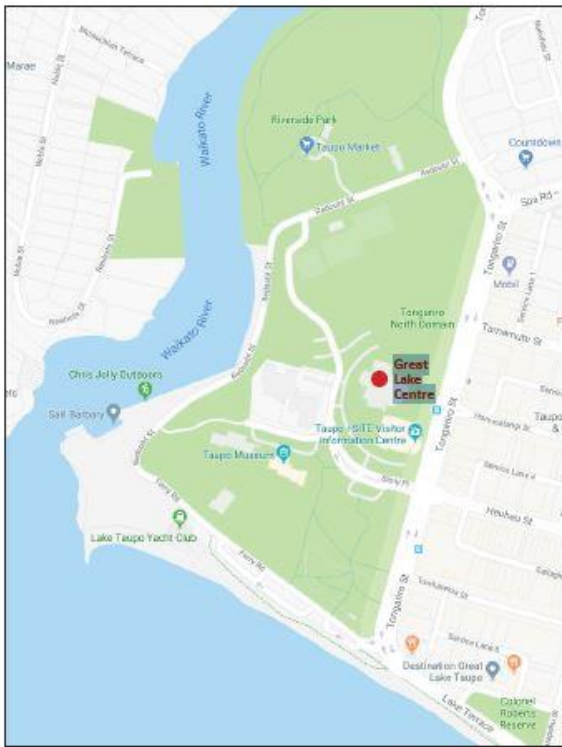


MORE FM TAUPO are once again supporting the Epic Swim 2018 and will be onsite with giveaways and a photo booth, so check out their promo team and get your snap taken. **MORE FM TAUPO** are live and local in Taupo covering the latest local news, events and activities in the central plateau.

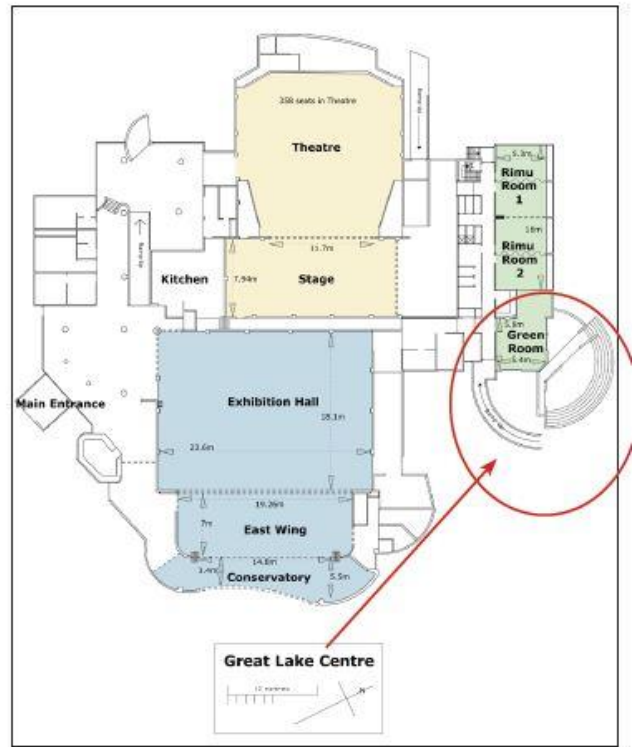


Maps

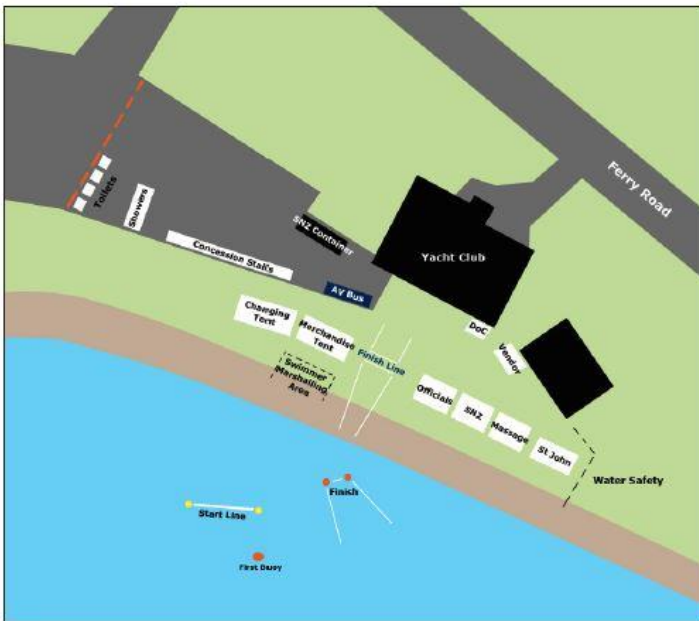
LOCATION OF TAUPO GREAT LAKE CENTRE



REGISTRATION LOCATION



EPIC SITE MAP



LOST SOMETHING?
Lost property will be located in the SNZ registration tent on the beach

COURSE MAP

